

INTERNSHIP CRITERIA

For the Degree of Bachelor of Physiotherapy, the students after passing the professional examinations as per the syllabi prescribed by the Sumandeep Vidyapeeth, for First B.P.T., Second B.P.T., Third B.P.T. and Final Year B.P.T. shall undergo Six months compulsory rotatory internship training program to develop skill and acquire clinical knowledge with proficiency in managing patients independently. The internship should be preferably done in Dhiraj Hospital however in case of student opting outside, a teaching hospital / MCI / IAP / SV recognized institutes as in annexure -9 shall be considered.

GENERAL:

Internship is a phase of training where a candidate is expected to conduct actual Physiotherapy practice, with fair independence in clinical decision making in low risk cases where as to work under supervision at high risk areas, so that at the end of Internship he/ she is capable to practice Physiotherapy independently.

The concerned college authority shall do the posting of the successful candidates for internship within 15 days of the declaration of results of final BPT students. It shall be binding on the candidate to follow strictly, the code of conduct prescribed by the IAP & accepted by the Sumandeep Vidyapeeth. Any breach in the conduct / discipline shall disqualify the candidate from pursuing Internship for a period of One week to One month or more depending upon the gravity of breach of conduct.

Compulsory Internship shall include rotational clinical assignments, administrative skills & a Scientific project over a period of 26 weeks. The candidate is however encouraged to extend optional "Hands on" practice for six additional months in the desired areas at the hospital attached to the college affiliated to Sumandeep University conducting B.P.T program; as per the rules & regulations applicable to Internees regarding attendance, attitude & performance.

Such clinical experience on successful completion & on passing shall be documented in the transcript & shall be strongly recommended for additional credits for higher education or employment. On successful completion of Internship, to the satisfaction of the Head of Physiotherapy Dept and / or the Chief of the parent institution, the Internship completion

certificate shall be issued by the parent institution; and it will be forwarded to the Sumandeep University for the award of B.P.T Degree.

The University shall issue a provisional B.P.T pass certificate on passing the final examination.

OBJECTIVES OF INTERNSHIP PROGRAM:

1. Detect and evaluate and arrive at appropriate physical and functional diagnosis.
2. Understand the rationale & basic investigative approach of the Medical system & Surgical intervention regimens & accordingly, Plan & implement specific Physio therapeutic measures effectively
3. Develop ability to prescribe, assess fitting & use of appropriate orthotic & prosthetic devices; in addition to an ability to fabricate simple splints for extremities , for the purpose of prevention , support & training for ambulation & activities of daily living.
4. Practice professional autonomy & ethical principle with referral as well as first contact client in conformity with ethical code for Physiotherapists.

SCHEDULE:

Candidate shall be posted to minimum Eight Rotational Clinical assignments of total 26 weeks, including administrative skills pertaining to Physiotherapy practice & a scientific project of 3 hours per week [total not less than 78 hours].

SCHEDULE OF INTERNSHIP:

Assignment / Discipline	Duration
Musculo-skeletal Physiotherapy OPD/Indoor Orthopaedics / Trauma / Rheumatology	4 weeks
Optional-Hand rehab. /Sports injury /wound &skin care	2 weeks
Neuro-physiotherapy OPD/ Neurology/Neurosurgery/ Medicine	4 weeks
Paediatrics (NICU)	2 weeks
Optional- EMG / NCV (Observation only)	2 weeks

Cardio-pulmonary Physiotherapy OPD /Medical/Cardiothoracic	4 weeks
General Medical & Surgical / Burns / Plastic Physiotherapy & Reconstructive surgery Dermatology / Psychiatry	4 weeks
Intensive care Physiotherapy Medical ICU / Surgical ICU	4 weeks
Obstetrics & Gynaecology	2 weeks
Womens health + Geriatric health/ Community Physiotherapy at primary health centre or community	2 weeks
Optional – Industrial health/fitness clinic/Disaster Management	2 weeks

* Clinical Posting in Community P.T can also be conducted at the Rural set up with prior permission from the HOD and the Principal of the parent institution. Internees shall undertake a small research in consultation and consent of the college authority / HOD PT department and the ethical committee of the parent institution. The candidate shall submit the project not earlier two weeks and not later than four weeks of last day of internship. The HOD PT dept shall sign on the same if the project is up to his/her satisfaction. Candidate shall then present the project in front of all faculties.

EVALUATION:

The Candidate shall maintain a logbook and record of all events of the respective postings, he / she shall be closely monitored by a senior physiotherapy faculty and who shall also sign in the logbook on completion of assignment.

LEAVE FOR INTERNS:

An internee shall be entitled for maximum 6 days leave during six months period of internship posting. An internee will not be permitted to avail more than 2 days leave in any department. Period of leave in excess of 2 days in a department will have to be repeated in the same department. Under any circumstances this period will not be condoned by any authority. In special circumstances this period may be condoned by HOD PT Dept./ Principal / Dean.

INTERNSHIP COMPLETION CERTIFICATE:

Internee will be issued internship completion certificate by the Principal only after completion of internship training program satisfactorily.

EXTERNSHIP

Ordinarily rotatory internship must be undertaken in the institution where the student has enrolled. However, a student can do internship in GSCPT approved hospital/institution for which the following guidelines may be followed:

Externship in Gujarat:

- i) A student must apply for permission to do internship outside from its parent institute along with the desired documents. Before considering the student's application to do internship in another hospital /physiotherapy college, he/she will be required Permission from the institutions where the student wishes to do internship.
- ii) Student can do internship from 1 month to 6 months according to the permission granted by the both institutes.
- iii) It is the duty of college to allow internship in parent institute to their students. No college can make compulsory rule to do internship outside of the parent institute.